

2020 program

What Is The Career Women's Forum?

History

Founded in 1982, Geneva

– the Career Women's

Forum (CWF) is a nonprofit, non-bilingual
association

Mission

- Establishing a forum of meetings and exchanges among professional women
- Creating a pool of contacts and resources aimed at sharing knowledge, ideas and experiences for effective career development
- Promoting access paths to high-level qualifications and responsibilities
- Collaborating with both public and private sectors for the promution and recognition of women's importance and achievements in the workplace

Members

 Composed of more than 300 members of more than 30 different nationalities.

www.cwf.ch

CWF offering

Approximately 35 events per year, across our six offering



Networking

Seeking new contacts? New customers?
Start growing your network today!



Skill Building

Learn new skills? Expand your knowledge? Need tools for worklife balance?



Meet role models

Meet and learn from outstanding top executives!



Mentoring

Foster development and growth through our mentoring programs!



WOB Women on Boards

Ready for the board?

Join the WOB program: an exchange and learning platform to promote access to boards. The program is open to women and men



Conferences

Engage and share! Conferences and events on various topics of public interest.

Mentoring

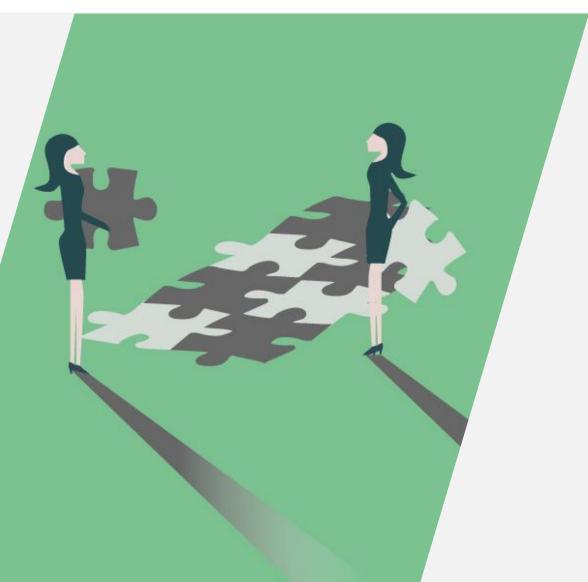
Matching high-potential women with senior executive mentors

Mentoring is one of the **most efficient** activities for the individual's **personal and professional growth**.

A privileged relationship develops between the Mentee and Mentor, usually a person with broad experience in an area the Mentee would like to develop in. The Mentor brings a new perspective to the Mentee and provides her with a base to her reflections, to reach her specific development goals.

Development goals

The Mentee aspires to the same kind of professional role as the Mentor The Mentee would like to expand specific skills for her career advancement: self-confidence, financial mastery, leadership, etc. The Mentee would like to expand her network in a specific area the Mentor is well introduced in



Mentoring Value Proposition

Why be a Mentor?

- Helping Women to advance
- Expanding your leadership skills: shifting focus on the success of others
- Building a new and diverse network of relationships
- Transferring your skills in a different context
- Increasing Personal growth as a leader
- Leaving a legacy

Why be a Mentee?

- Gaining a long term view on you career
- Getting unbiased and valuable guidance
- Getting access to a discussion partner in a safe and trusted environment
- Meeting someone who you can respect and admire

CWF Mentoring offer

| | Individual Mentoring Program | Cross-Company Mentoring Program |
|-----------------------------|---|---|
| Available to | CWF Members | CWF Corporate Sponsors |
| Mentor | CWF member | Senior leader from another Corporate Sponsor (man or woman) |
| Mentee | CWF member | Women from the Corporate Sponsor |
| Duration | 9 months | 9 months |
| Timeline | April- December | April-December Meet 6 times |
| Deadline to register | March 1 | March 1 |
| Link to submit applications | <u>Individual</u> <u>Member form</u> | Cross Company Mentoring Program Form |

CWF Cross Company Mentoring Program

Highly successful program among the Corporate Sponsors

Background

IBM supported CWF in the creation of a unique Cross

Company Mentoring program

- Mentees: CWF female talents from the CWF
 Corporate Sponsors Companies
- Mentors: senior leaders from the Corporate
 Sponsors Companies

Program launched in 2009

- 15-20 mentee-mentor pairs formed each year
- 5-8 companies participated each year















































CWF Cross Company Mentoring Process

- Each Company identifies 2 -5 Mentors and Mentees candidates (balanced)
- Each Mentee and Mentor fills in a Profile form with professional and personal information
 - Focal point to direct Mentees and Mentors to <u>Cross Mentoring form</u> on CWF website
 - If Mentors or Mentees are not CWF members, they will need to register on the website
 - Mentors and Mentees are strongly encouraged to attend the Mentoring workshop on Feb 28th
- Pairings
 - lead by Cross Mentoring project manager in collaboration with CWF Member Companies Focal points and/or HR director
 - take into consideration the mentees' development needs and the mentors' strengths, making the "best fine tuning connection" between a mentor from a company and a mentee from another company
- Communicate pairing to Mentees and Mentors
- Mentorship starts (6 meetings over 9 months program)

2020 Program Timeline

Jan 2020



2020 Program Kick Off

Email to CWF Focal Point about opening new program

Mentor and Mentees can register on CWF website

Deadline for Participants

Deadline for Mentors and Mentees to provide their profiles via <u>CWF Cross</u> <u>Company mentoring form</u>



1 Mar 2020

19 Mar



Pairing Meeting

CWF focal points and their HR Directors participate to the pairing exercise to identify best match for our mentor and mentees.

8:30-10:30 AM- Versoix

2020 Program Timeline

Start Mentoring partnership

Each Mentee can start the engagement with their Mentor.

Meet at least 6 times over the 9 months period

Close Program

Program Evaluation & Closing







Building a mentor relationship is like building a friendship — it develops over time like a good friendship and both people must equally invest in the relationship. Because believe it or not, both are learning from it.

SIMON SINEK

MOTIVATIONAL SPEAKER - ORGANISATIONAL CONSULTANT - AUTHOR



Additional Information

Mentoring

Basic Principles of a Mentoring program

A mentee driven process

Setting Clear Objectives

- Mentors and Mentees should agree on specific priorities to work on
- Clear Goals allow the mentor to give concrete guidance

Scheduling quality time

- Face to face meeting ideally, at least once a month
- Being respectful of each other's time schedule

Confidentiality

The mentoring relationship must create a safe zone where both mentors and mentees feel free to address difficult issues

Mutual Respect

Both the mentor and the mentee value each other's qualities and contributions

Taking Responsibility

- Both mentor and mentee are accountable toward each other during this program.
- A mentor should give her time and attention to the mentee during the meetings and focus as objectively as possible on the agreed-upon objectives with the mentee
- The mentee must take responsibility on her learning: setting up the appointments, following up on advice, reporting her progress

Mentoring Behaviors

DOs

Mentees

- Set clear on objectives and expectations
- Always be well prepared /send in advance the agenda points you want to discuss
- Organize meetings
- Be open minded and listen actively
- Take suggestions into account
- Ask for feedback

Mentors

- Be available and take time
- Listen actively
- Facilitate access to information and own network
- Challenge and help develop own thinking
- Give constructive feedback

DON'Ts

Mentees

- Being defensive
- Expecting too much
- Asking for advice on everything
- Waiting for your mentor to act in your place
- Considering your mentor as an address book, a headhunter or guarantee for a new job

Mentors

- Expecting to be the perfect mentor
- Taking responsibility for your mentee's development plan
- Judging
- Allowing your mentee to become dependent from the relationship
- Shielding your mentee from learning the lesson

Additional resources

Building the mentoring relationship

4 conseils avant de débuter une relation de mentorat

La questiologie ou l'art de poser les bonnes questions

Devenir un mentor inspirant

<u>Differences between Mentoring and coaching</u>

Mentoring skits on how to DO mentoring and how not to

Funny Mentoring Video - How Bad Can a Mentoring Session Go?!

The power of mentoring - Lori Hunt at TEDx CCS

John Spence : How to be a great mentor / mentee

Mentor Training: 1-on-1 Mentee Meeting Tips

2018 Cross Company Mentoring Program

Corporate Sponsors 9



17 men 33 women

30 April 2018: Pairing

14 people at the Pairing Meeting

50 participants



Year 2018



25 mentors +25 mentees =25 pairs



Highest participation ever!

2019 Cross Company Mentoring Program

Corporate Sponsors 13



17 men 33 women

21 March 2019: Pairing

18 people at the Pairing Meeting

62 participants

21 March 2019: Pairing



Year 2019



31 mentors + 31 mentees = 31 pairs



Highest participation ever!

